

2016-2017 Music and Movement CD Lyrics

♪ September 2016

Welcome Friends

Track 1 • Sung to “Skip to My Lou”

Welcome, welcome, welcome friends!
Welcome, welcome, welcome friends!
Welcome, welcome, welcome friends!
Glad you are here today!

Say, “Hello” to my friends now.
Say, “Hello” to my friends now.
Say, “Hello” to my friends now.
Glad you are here today!

My Fastener

Track 2 • Sung to “Ring Around the Rosie”

I have (a button),
(A button), (a button).
I have (a button),
On my (shirt).

Repeat with: a zipper . . . coat
a snap...pants
some velcro . . . shoes
fasteners . . . clothes

♪ October 2016

T-Rex Tromp

Track 3 • Sung to “This Old Man”

This T-rex, this T-rex, he goes tromping all around,
With a stomp and a tromp and a (clap, clap, clap),
This T-rex is tromping on!

This T-rex, this T-rex, he goes roaring all around,
With a snarl and a growl and a great big (Rroarr!),
This T-rex is roaring now!

Capes and Wings

Track 4 • Sung to “Mary Had a Little Lamb”

It’s so fun to make-believe, make-believe, make-believe,
It’s so fun to make believe, all around the yard!

Fairies are glowing and twirling around, twirling around, twirling around.
Fairies are glowing and twirling around, all around the yard.
Fairies are sparkling and skipping around, skipping around, skipping around.
Fairies are sparkling and skipping around, all around the yard.
Fairies are twinkling and hopping around, hopping around, hopping around.
Fairies are twinkling and hopping around, all around the yard.

Superheroes are flying around, flying around, flying around.
Superheroes are flying around, all around the yard.
Superheroes are leaping around, leaping around, leaping around.
Superheroes are leaping around, all around the yard.
Superheroes are showing their muscles, showing their muscles, showing their muscles.
Superheroes are showing their muscles, all around the yard.

It’s so fun to make-believe, make-believe, make-believe,
It’s so fun to make-believe, all around the yard!

♪ November 2016

Build a Scarecrow

Track 5 • Sung to “The Mulberry Bush”

**We take some clothes and stuff
them with straw.**

We add a face and work gloves.

We place a hat on top of the head.

Look! It’s a scarecrow!

Mind Your Manners

Track 6 • Sung to “London Bridge”

**If you want to show you care,
Show you care, show you care,
If you want to show you care,
Mind your manners!**

**If you want to be polite,
Be polite, be polite,
If you want to be polite,
Say “please” and “thank you.”**

Repeat first stanza.

♪ December 2016

If You’re Hungry and You Know It

Track 7 • Sung to “If You’re Happy and You Know It”

**If you’re hungry and you know it,
(clap your hands). (clap, clap)**

**If you’re hungry and you know it,
(clap your hands). (clap, clap)**

**If you’re hungry and you know it,
Then you’re tummy’s going to show it,
(rub tummy)**

**If you’re hungry and you know it,
(clap your hands)! (clap, clap)**

Repeat with: **lick your lips
take a bite
say “Yummy!”**

Deck the Halls

Track 8 • Traditional

Deck the halls with boughs of holly.

Fa la la la la, la la la la

’Tis the season to be jolly.

Fa la la la la, la la la la

Don we now our gay apparel.

Fa la la, la la la, la la la

Troll the ancient Yuletide carol.

Fa la la la la, la la la la

♪ January 2017

My Mittens

Track 9 • Sung to “The Itsy Bitsy Spider”

**I push my fingers in
And poke my thumb right through!
Then I do the same
With mitten number two.
My warm, winter mittens
Go on just like so.
Now I am ready to play in fluffy snow!**

Repeat.

Once Upon a Time

Track 10 • Sung to “The Bear Went over the Mountain”

**Once upon a time,
Once upon a time,
Once upon a time,
(Three bears met Goldilocks).**

**(Three bears met Goldilocks),
(Three bears met Goldilocks),
(Three bears met Goldilocks),
Once upon a time.**

Repeat with:

**Little Red walked through the woods . . .
Three pigs built their homes . . .
A troll lived under a bridge . . .**

♪ February 2017

Hello Tooth

Track 11 • Sung to “Are You Sleeping?”

**Hello Tooth! Hello Tooth!
How are you? How are you?
Busy chomping food!
Helping me grow strong!
How are you? How are you?**

**Hello Tooth! Hello Tooth!
How are you? How are you?
Lighting up my smile!
Won't you stay awhile?
How are you? How are you?**

Repeat the previous three lines.

**Hello Tooth! Hello Tooth!
How are you? How are you?
Busy chomping food!
Helping me grow strong!
How are you? How are you?**

Repeat the previous three lines.

Deep in the Jungle

Track 12 • Sung to “The Itsy Bitsy Spider”

**The itsy bitsy monkey climbed up the great big tree.
(Pretend to climb.)
Down came a coconut and knocked him on the
knees—Ouch! (Slap knee.)
Along came a leopard to get out of the rain . . . and
(Curl hands like claws by face.)
The itsy bitsy monkey climbed up that tree again!
(Pretend to climb.)**

♪ March 2017

Silly Sounds

Track 13 • Sung to “The Muffin Man”

**Oh, can you make a silly sound?
Can you hear this? My silly sound.
Oh, can you make a silly sound?
My sound . . . it goes like this.**
(Make various sounds.)

A Sailor Went to Sea

Track 14 • Traditional

**A sailor went to sea, sea, sea,
To see what he could see, see, see.
But all that he could see, see, see,
Was the bottom of the deep blue sea, sea, sea!**

♪ April 2017

Sky Shapes

Track 15 • Sung to “Twinkle, Twinkle Little Star”

Floating clouds up in the sky,
(Point up.)
Changing shapes as you pass by!
(Make motions with arms and hands.)
Floating by without a sound,
(Move arms and hands slowly.)
Won't you come and touch the ground?
(Touch the ground.)
Floating clouds up in the sky,
(Point up.)
Changing shapes as you pass by!
(Make motions with arms and hands.)

I'm an Artist

Track 16 • Sung to “Old MacDonald”

**I see a picture in my mind.
I will now create.
It will be mine, one-of-a-kind.
I know it will be great!
I will paint with my own hands.
And when I'm through, you'll see it too!
I see a picture in my mind.
I will now create!**

♪ May 2017

Dandelion Puff

Track 17 • Sung to “I’m a Little Teapot”

I’m a dandelion tiny and small,

(Crouch down.)

Growing in the sunshine, stretching tall!

(Slowly stand up.)

My bright yellow blossom turns to fluff,

(Circle arms over head.)

Waiting for the wind to huff and puff!

(Put hands over mouth to blow.)

I’m a dandelion tiny and small,

(Crouch down.)

Growing in the sunshine, stretching tall!

(Slowly stand up.)

All my little seeds will float away,

(Dance fingers around face.)

Riding on the wind, this bright sunny day!

(Move about with outstretched arms.)

I Can Read

Track 18 • Sung to “Are You Sleeping?”

What can you read? What can you read?

Lots of things! Lots of things!

Books and cards and newspapers,

Menus, maps, and street signs.

I can read! I can read!

♪ June 2017

Construction Zone

Track 19 • Sung to “Pop! Goes the Weasel”

The backhoe digs up all the dirt.

The loader fills ’er up!

The dump truck dumps it out on the ground.

Boom! That’s construction!

The dozer pushes the dirt all around.

The roller presses it down.

The mixer churns round and round.

Boom! That’s construction!

Food at the Fair

Track 20 • Sung to “The Wheels on the Bus”

The (food) at the fair (smells yum, yum, good.

Yum, yum, good! Yum, yum, good!)

The (food) at the fair (smells yum, yum, good.)

All around the fairgrounds.

Repeat with: popcorn . . . goes pop, pop, pop!
peanuts . . . go crunch, crunch, crunch!
snow cones . . . are brr, brr, cold!

♪ July 2017

Fireworks

Track 21 • Sung to “Mary Had a Little Lamb”

**Fireworks light up the sky,
Sparkling bright, sparkling high!
Shimmering with blue, red, white,
Lighting up the night!**

Repeat.

Going Fishing

Track 22 • Sung to “Old MacDonald”

**I’m going fishing at the lake. (Cast pole.)
Do da do da day!
I’ve got my pole and worms to take.
Do da do da day!
With a pole in my hand, (Point to pole.)
And a worm on the hook,
Catch a fish, cook the fish,
And eat it from a special dish! (Make eating motion.)
I’m going fishing at the lake. (Cast pole.)
Do da do da day!**

**I’m going fishing at the pond. (Cast pole.)
Do da do da day!
And I’ll dip my toes in all day long.
Do da do da day!
With the sun so bright, the sky so clear,
I’m so glad to be here.
I’m going fishing at the pond.
Do da do da day!**

♪ August 2017

In the Cool Green Grass

Track 23 • Sung to “Ring Around the Rosie”

**Snakes live in the grass,
They wiggle and they squiggle.
Slithering, sliding through
The cool, green grass.**

**Crickets live in the grass,
They cheep and they chirp.
Hopping, crawling through
The cool, green grass.**

**Ants live under the grass,
They hurry and they scurry.
Crawling, creeping through
The cool, green grass.**

Rainbow Bubbles

Track 24 • Sung to “Up on the Housetop”

**First came a bubble passing by,
Shining a rainbow in my eye!
Then came another and many more,
Until they filled the bright blue sky!**

**Bubbles shine, all around!
Bubbles float, up and down!
All from the bubble passing by,
Shining a rainbow in my eye!**