Here are some fun activities you and your child can enjoy together!

- **Taking Pictures**
  Let your child look through the viewer of your camera. Talk about what she sees. If she seems ready, she can press the button to take a picture. Scroll through your pictures together and talk about the people and what is happening.

- **Polar Moves**
  Have fun moving like polar animals together! Waddle like penguins, move on all fours like caribou, drag yourself along with your arms to imitate a walrus, or move in other creative ways.

- **Taking Care of Teeth**

- **Laundry Helper**
  Let your child help as you sort, wash, dry, and fold clothing. Model using opposite words such as open/closed, clean/dirty, wet/dry and noisy/quiet.

### Nursery Rhymes

Nursery rhymes teach children auditory skills and help them develop an appreciation for rhyme and rhythm. They also help children develop language, memory, creativity, and other cognitive skills.

#### Peas Porridge Hot

Peas porridge hot; Peas porridge cold. Peas porridge in the pot, Nine days old.

#### Diddle, Diddle, Dumpling

Diddle, diddle, dumpling, my son John Went to bed with his stockings on. One shoe off and one shoe on; Diddle, diddle, dumpling, my son John.
Cooking Together

When cooking with infants and toddlers, allow them to help in a safe way with mixing, pouring, rolling, mashing, shaking, etc. Use words to describe what you are doing and what you plan to do next. Talk about what you see, smell, feel, hear, and taste.

Pink Playdough

1 cup flour
1/2 cup salt
1 envelope unsweetened pink lemonade drink mix
3 tablespoons vegetable oil
1/2-1 cup boiling water
Optional: red food coloring

Place the flour, salt, and drink mix in a bowl and stir well. Add the oil and about half the boiling water. Stir well. Slowly add water until the dough is thick and smooth, but not sticky. (You may need less than a full cup of water.) If you want a brighter color, add a drop or two of red food coloring. Let cool until the dough can be safely handled.

Knead well and store tightly covered.

Sing Along with Me!

Find these songs on our 2017–2018 Music and Movement CD available at funshineexpress.com.

Penguin Party
Sung to “Alouette”

Penguin party! Everybody’s coming!
Penguin party! Are you coming too?
Slipping, sliding in the snow,
Waddling round and round we go.
In the snow, round we go.
Party time! Party time! O-o-o-o-oh!
Penguin party! Everybody’s coming!
Penguin party! Are you coming too?

Blow Some Kisses
Sung to “If You’re Happy and You Know It”

Blow some kisses in the air, in the air.
Blow some kisses in the air, in the air.
Oh, I need a valentine,
And I hope you will be mine.
Blow some kisses in the air, in the air.

Reminders...

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