

Themes

Everyday Helpers

This theme covers the concept of helping and highlights the people in our communities who keep us safe and healthy. Children will learn about various helper roles—from construction workers to emergency responders—and how they, too, can be helpers in their communities.

Night Creatures

Children may be surprised to learn that there's a night world, a group of animals that are busy while the rest of us sleep. Bats, owls, raccoons, and mice are just a few of the nocturnal creatures featured in this fun fall theme.

Color/ Shape



Alphabet Words

dog, dinosaur, dots, dandelion, easel, envelope, elf, exit, fish, fan, flower, frog

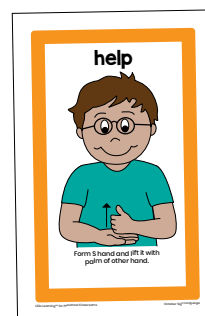
Letters

Dd, Ee,
Ff

Numbers

4-6

Sign Language



Learn with Me!

Being Helpful

Designate reasonable jobs for your child to do at home, such as sweeping the floor, setting the table, or putting toys away. Your child will learn that it feels good to be helpful!

Nocturnal Animals

Name animals living in your area and discuss whether they are nocturnal. What animal sounds does your children think they might hear if they listened closely at night? Imitate those sounds together.

My Project: Picture Puzzle

When I bring this project home, we can:

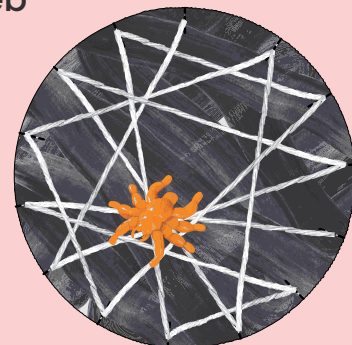
- Assemble the puzzle together.
- Talk about the picture I drew.
- Practice counting the puzzle pieces.



My Project: Spider on a Web

When I bring this project home, we can:

- Talk about how the string wraps around the circle.
- Count the legs on the spider.
- Talk about where spiders spin webs.



FAMILY CONNECTION

Book List

Hello! Hometown Heroes

by Toni Armier

In the Neighborhood
by Rocio Bonilla

The Thank You Letter by Jan Cabrera

Whose Hands are These?

by Miranda Paul

Night Song

by Ari Berk

All Ears, All Eyes by Richard Jackson

What's Next?

by Timothy Knapman

Night Animals

by Gianna Marino

Recipe

Cinnamon Apple Chips

2 apples
1 tsp. granulated sugar
¼ tsp. cinnamon
Pinch of nutmeg



Wash and thinly slice the apples (adult only). The core can either be left as is or removed with an apple corer or knife. Be sure to remove all of the seeds.

Invite your child to help measure and mix the sugar, cinnamon, and nutmeg in a small bowl. They can also help place the apple slices onto a parchment-lined baking sheet in a single layer. Then, sprinkle the sugar and spices on top.

Bake in a 225°F oven for 1½–2 hours, until crisp. Cool and enjoy the crunchy snack together!

Songs & Rhymes

Community Helpers

Sung to "The Muffin Man"

Do you know the (bus driver), the (bus driver),
the (bus driver)?

Do you know the (bus driver)?
(He drives us to school each day).

Repeat with:

doctor...she keeps us healthy each day
librarian...he checks out our books each day
mail carrier...she delivers our mail each day
firefighter...he puts out our fires each day

Itsy Bitsy Spider

Traditional

The itsy bitsy spider
Climbed up the waterspout;
Down came the rain
And washed the spider out;
Out came the sun
And dried up all the rain;
And the itsy bitsy spider
Climbed up the spout again.

Reminders

[illegible]