

# Virginia's Foundation Blocks for Early Learning: Comprehensive Standards for Four-Year-Olds Alignment with FunShine Express® Curriculum Ages 3 - 5 Years

Virginia's Foundation Blocks for Early Learning: Comprehensive Standards for Four-Year-Olds	FunShine Early Learning and Development Continuum
Virginia Literacy Foundation Blocks	1: Language/Literacy
Oral Language	L1 Receptive Language (Listening), L2 Expressive Language (Speaking)
A. Listen with increasing attention to spoken language, conversations, and texts read aloud.	<b>L1.1(4)</b> Follows multi-step directions of increasing complexity; listens and responds to more complex rhymes and rhythms; gains meaning listening to stories, informational texts, directions, and conversations.
B. Correctly identify characters, objects, and actions in a text with or without pictures and begin to comment about each.	L3.2(4) Shows understanding of texts read aloud by recalling part or most and representing it with play or media, asking and answering questions, connecting it with personal experiences, making predictions and comparing similar texts, discussing parts of a text (table of contents, index, glossary, characters, etc).
C. Make predictions about what might happen in a story.	L3.2(4) Shows understanding of texts read aloud by recalling part or most and representing it with play or media, asking and answering questions, connecting it with personal experiences, making predictions and comparing similar texts, discussing parts of a text (table of contents, index, glossary, characters, etc).
D. Use complete sentences to ask and answer questions about experiences or about what has been read.	L2.3(4) Connects phrases and sentences to build ideas; speaks in complex sentences using some correct rules of grammar.
E. Use appropriate and expanding language for a variety of purposes, e.g., ask questions, express needs, get information.	L2.1(4) Speaks clearly and is understood by most familiar and unfamiliar adults; initiates asking questions and responds in conversation with others; shares opinions, experiences, and ideas with others; uses most verbal and nonverbal conversational rules appropriately; listens to, repeats, and recalls words expressed in world languages and sign language.
F. Engage in turn taking exchanges and rules of polite	L2.1(4) Speaks clearly and is understood by most

familiar and unfamiliar adults; initiates asking questions

conversation with adults and peers, understanding that



conversation is interactive.	and responds in conversation with others; shares opinions, experiences, and ideas with others; uses most verbal and nonverbal conversational rules appropriately; listens to, repeats, and recalls words expressed in world languages and sign language.
G. Listen attentively to stories in a whole class setting.	<b>L1.1(4)</b> Follows multi-step directions of increasing complexity; listens and responds to more complex rhymes and rhythms; gains meaning listening to stories, informational texts, directions, and conversations.
H. Follow simple one- and two-step oral directions.	<b>L1.1(4)</b> Follows multi-step directions of increasing complexity; listens and responds to more complex rhymes and rhythms; gains meaning listening to stories, informational texts, directions, and conversations.
Vocabulary	L2 Expressive Language (Speaking)
A. Use size, shape, color, and spatial words to describe people, places, and things.	L2.2(4) Demonstrates understanding and use of rapidly expanding vocabulary, including language of specific learning domains and more abstract concepts; identifies word pairs that describe opposite concepts.
B. Listen with increasing understanding to conversations and directions.	<b>L1.1(4)</b> Follows multi-step directions of increasing complexity; listens and responds to more complex rhymes and rhythms; gains meaning listening to stories, informational texts, directions, and conversations.
C. Use expanding vocabulary with increasing frequency and sophistication to express and describe feelings, needs, and ideas.	<b>L2.2(4)</b> Demonstrates understanding and use of rapidly expanding vocabulary, including language of specific learning domains and more abstract concepts; identifies word pairs that describe opposite concepts.
D. Participate in a wide variety of active sensory experiences to build vocabulary.	<b>L2.2(4)</b> Demonstrates understanding and use of rapidly expanding vocabulary, including language of specific learning domains and more abstract concepts; identifies word pairs that describe opposite concepts.
Phonological Awareness	L3 Foundational Reading
A. Identify words that rhyme and generate simple rhymes.	<b>L3.3(4)</b> Exhibits age-appropriate phonological awareness (combines syllables to make a word, combines words to make compound words, associate sounds with letters and words, recognizes alliteration and words that rhyme).



B. Identify words within spoken sentences.	<b>L3.3(4)</b> Exhibits age-appropriate phonological awareness (combines syllables to make a word, combines words to make compound words, associate sounds with letters and words, recognizes alliteration and words that rhyme).
C. Begin to produce consonant letter sounds in isolation.	<b>L3.3(4)</b> Exhibits age-appropriate phonological awareness (combines syllables to make a word, combines words to make compound words, associate sounds with letters and words, recognizes alliteration and words that rhyme).
D. Successfully detect beginning sounds in words.	L3.3(4) Exhibits age-appropriate phonological awareness (combines syllables to make a word, combines words to make compound words, associate sounds with letters and words, recognizes alliteration and words that rhyme).
E. Begin to isolate or produce syllables within multisyllable words.	L3.3(4) Exhibits age-appropriate phonological awareness (combines syllables to make a word, combines words to make compound words, associate sounds with letters and words, recognizes alliteration and words that rhyme).
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Letter Knowledge and Early Word Recognition	L3 Foundational Reading
A. Identify and name uppercase and lowercase letters in random order.	L3.4(4) Demonstrates growing alphabetic knowledge (recites alphabet; names and recognizes most letters and sounds); shows awareness of the uses and functions of environmental print, symbols, and other forms of print to convey meaning; recognizes that different text forms are used for different purposes.
• • • • • • • • • • • • • • • • • • • •	(recites alphabet; names and recognizes most letters and sounds); shows awareness of the uses and functions of environmental print, symbols, and other forms of print to convey meaning; recognizes that different text forms are
random order.	(recites alphabet; names and recognizes most letters and sounds); shows awareness of the uses and functions of environmental print, symbols, and other forms of print to convey meaning; recognizes that different text forms are used for different purposes.  L3.3(4) Exhibits age-appropriate phonological awareness (combines syllables to make a word, combines words to make compound words, associate sounds with letters and



convey meaning; recognizes that different text forms are used for different purposes. L3.3(4) Exhibits age-appropriate phonological awareness E. Read simple/familiar high-frequency words, including (combines syllables to make a word, combines words to child's name. make compound words, associate sounds with letters and words, recognizes alliteration and words that rhyme). L3.4(4) Demonstrates growing alphabetic knowledge (recites alphabet; names and recognizes most letters and sounds); shows awareness of the uses and functions of F. Notice letters in familiar everyday context and ask an environmental print, symbols, and other forms of print to adult how to spell words, names, or titles. convey meaning; recognizes that different text forms are used for different purposes. **Print and Book Awareness** L3 Foundational Reading L3.1(4) Shows increasing interest/motivation in reading fiction/nonfiction; follows along as book is read; retells or "reads" a story by reviewing illustrations or from A. Identify the front and back covers of a book. memory; demonstrates understanding of process of reading (left to right, front to back, top to bottom); describes the roles of author and illustrator; understands story structure (beginning, middle, end). L3.2(4) Shows understanding of texts read aloud by recalling part or most and representing it with play or media, asking and answering questions, connecting it B. Identify the location of the title and title page of a with personal experiences, making predictions and book. comparing similar texts, discussing parts of a text (table of contents, index, glossary, characters, etc). L3.1(4) Shows increasing interest/motivation in reading fiction/nonfiction; follows along as book is read; retells or "reads" a story by reviewing illustrations or from memory; demonstrates understanding of process of C. Identify where reading begins on a page (first word). reading (left to right, front to back, top to bottom); describes the roles of author and illustrator; understands story structure (beginning, middle, end). D. Follow text with a finger, pointing to each word as it L3.1(4) Shows increasing interest/motivation in reading

fiction/nonfiction; follows along as book is read; retells or "reads" a story by reviewing illustrations or from

memory; demonstrates understanding of process of

is read from left to right and top to bottom with

assistance.



	reading (left to right, front to back, top to bottom); describes the roles of author and illustrator; understands story structure (beginning, middle, end).
E. Distinguish print from pictures.	<b>L3.4(4)</b> Demonstrates growing alphabetic knowledge (recites alphabet; names and recognizes most letters and sounds); shows awareness of the uses and functions of environmental print, symbols, and other forms of print to convey meaning; recognizes that different text forms are used for different purposes.
F. Turn pages one at a time from the front to the back of a book.	L3.1(4) Shows increasing interest/motivation in reading fiction/nonfiction; follows along as book is read; retells or "reads" a story by reviewing illustrations or from memory; demonstrates understanding of process of reading (left to right, front to back, top to bottom); describes the roles of author and illustrator; understands story structure (beginning, middle, end).
Writing	L4 Writing
A. Distinguish print from images or illustrations.	L4.1(4) Engages in written expression; draws people, responds to texts, describes or dictates experiences and events; prints some letters in meaningful words with adult modeling; uses invented spelling; writes most numerals to 20; copies or writes own name.
B. Demonstrate use of print to convey meaning.	<b>L4.1(4)</b> Engages in written expression; draws people, responds to texts, describes or dictates experiences and events; prints some letters in meaningful words with adult modeling; uses invented spelling; writes most numerals to 20; copies or writes own name.
C. Copy or write letters and numbers using various materials.	<b>L4.1(4)</b> Engages in written expression; draws people, responds to texts, describes or dictates experiences and events; prints some letters in meaningful words with adult modeling; uses invented spelling; writes most numerals to 20; copies or writes own name.
D. Print first name independently.	<b>L4.1(4)</b> Engages in written expression; draws people, responds to texts, describes or dictates experiences and events; prints some letters in meaningful words with adult modeling; uses invented spelling; writes most numerals to 20; copies or writes own name.



E. Begin to use correct manuscript letter and number formation.	<b>L4.1(4)</b> Engages in written expression; draws people, responds to texts, describes or dictates experiences and events; prints some letters in meaningful words with adult modeling; uses invented spelling; writes most numerals to 20; copies or writes own name.
F. Copy various words associated with people or objects within the child's environment.	L4.1(4) Engages in written expression; draws people, responds to texts, describes or dictates experiences and events; prints some letters in meaningful words with adult modeling; uses invented spelling; writes most numerals to 20; copies or writes own name.
G. Use phonetically spelled words to convey messages or tell a story.	<b>L4.1(4)</b> Engages in written expression; draws people, responds to texts, describes or dictates experiences and events; prints some letters in meaningful words with adult modeling; uses invented spelling; writes most numerals to 20; copies or writes own name.
H. Understands that writing proceeds left to right and top to bottom.	<b>L4.1(4)</b> Engages in written expression; draws people, responds to texts, describes or dictates experiences and events; prints some letters in meaningful words with adult modeling; uses invented spelling; writes most numerals to 20; copies or writes own name.
Virginia Mathematics Foundation Blocks	2: Math
Number and Number Sense	M1 Number Sense, Quantity, and Operations
A. Count forward to 20 or more. Count backward from 5.	M1.1(4) Grows in rote counting and sequencing of numbers to 20 and beyond; identifies written numerals to at least 20; compares quantities in sets and identifies more/less/equal; subitizes (recognizes small number of objects in a set without counting - three blocks, dots on a die); understands and uses ordinal terms (1st, 2nd, 3rd, etc.).
B. Count a group (set/collection) of five to ten objects by touching each object as it is counted and saying the correct number (one-to-one correspondence).	M1.1(4) Grows in rote counting and sequencing of numbers to 20 and beyond; identifies written numerals to at least 20; compares quantities in sets and identifies more/less/equal; subitizes (recognizes small number of objects in a set without counting - three blocks, dots on a

- know the last counting word tells "how many."
- C. Count the items in a collection of one to ten items and M1.1(4) Grows in rote counting and sequencing of numbers to 20 and beyond; identifies written numerals to

die); understands and uses ordinal terms (1st, 2nd, 3rd,

etc.).



at least 20; compares quantities in sets and identifies more/less/equal; subitizes (recognizes small number of objects in a set without counting - three blocks, dots on a die); understands and uses ordinal terms (1st, 2nd, 3rd, etc.).

D. Compare two groups (sets/collections) of matched objects (zero through ten in each set) and describe the groups using the terms more, fewer, or same.

M1.1(4) Grows in rote counting and sequencing of numbers to 20 and beyond; identifies written numerals to at least 20; compares quantities in sets and identifies more/less/equal; subitizes (recognizes small number of objects in a set without counting - three blocks, dots on a die); understands and uses ordinal terms (1st, 2nd, 3rd, etc.).

E. Use ordinal numbers (first through fifth) when a sequence.

M1.1(4) Grows in rote counting and sequencing of numbers to 20 and beyond; identifies written numerals to at least 20; compares quantities in sets and identifies describing the position of objects or groups of children in more/less/equal; subitizes (recognizes small number of objects in a set without counting - three blocks, dots on a die); understands and uses ordinal terms (1st, 2nd, 3rd, etc.).

#### Computation

#### A. Describe changes in groups (sets/ collections) by using more when groups of objects (sets) are combined (added together).

#### M1 Number Sense, Quantity, and Operations

M1.2(4) Understands adding and subtracting from a set; begins to understand dividing sets into parts up to fourths.

B. Describe changes in groups (sets/ collections) by using fewer when groups of objects (sets) are separated (taken away).

M1.2(4) Understands adding and subtracting from a set; begins to understand dividing sets into parts up to fourths.

#### Measurement

#### **M3** Measurement and Data

A. Recognize attributes of length by using the terms longer or shorter when comparing two objects.

M3.1(4) Uses words to describe and compare measurable attributes (quantity, length, weight, time, capacity) between two or more groups across learning domains; uses standard and non-standard units of measure (paper clips, ruler, scale, measuring cups, etc.) in activities and discusses findings; arranges objects according to one or more attributes (longer, shorter, same); begins to understand time concepts (one minute vs. ten minutes) and tools (clocks, timers, calendars).

B. Know the correct names for the standard tools used for telling time and temperature, and for measuring

M3.1(4) Uses words to describe and compare measurable attributes (quantity, length, weight, time,



length, capacity, and weight (clocks, calendars, thermometers, rulers, measuring cups, and scales).

capacity) between two or more groups across learning domains; uses standard and non-standard units of measure (paper clips, ruler, scale, measuring cups, etc.) in activities and discusses findings; arranges objects according to one or more attributes (longer, shorter, same); begins to understand time concepts (one minute vs. ten minutes) and tools (clocks, timers, calendars).

C. Use the appropriate vocabulary when comparing temperatures, e.g., hot, cold.

M3.1(4) Uses words to describe and compare measurable attributes (quantity, length, weight, time, capacity) between two or more groups across learning domains; uses standard and non-standard units of measure (paper clips, ruler, scale, measuring cups, etc.) in activities and discusses findings; arranges objects according to one or more attributes (longer, shorter, same); begins to understand time concepts (one minute vs. ten minutes) and tools (clocks, timers, calendars).

D. Use appropriate vocabulary when describing duration of time, e.g., hour, day, week, month, morning, afternoon, and night.

M3.1(4) Uses words to describe and compare measurable attributes (quantity, length, weight, time, capacity) between two or more groups across learning domains; uses standard and non-standard units of measure (paper clips, ruler, scale, measuring cups, etc.) in activities and discusses findings; arranges objects according to one or more attributes (longer, shorter, same); begins to understand time concepts (one minute vs. ten minutes) and tools (clocks, timers, calendars).

#### Geometry

#### **M2** Geometry and Spatial Sense

A. Match and sort shapes (circle, triangle, rectangle, and square).

M2.1(4) Names 2D shapes no matter the size or orientation; describes and compares attributes of 2D and 3D shapes of different sizes and orientations noting similarities and differences; uses 2D and 3D shapes to create real-world representations of objects; begins to understand symmetry; composes and decomposes shapes; copies/draws simple shapes independently.

B. Describe how shapes are similar and different.

M2.1(4) Names 2D shapes no matter the size or orientation; describes and compares attributes of 2D and 3D shapes of different sizes and orientations noting similarities and differences; uses 2D and 3D shapes to create real-world representations of objects; begins to understand symmetry; composes and decomposes shapes; copies/draws simple shapes independently.



C. Recognize and name shapes (circle, triangle, rectangle, and square).

M2.1(4) Names 2D shapes no matter the size or orientation; describes and compares attributes of 2D and 3D shapes of different sizes and orientations noting similarities and differences; uses 2D and 3D shapes to create real-world representations of objects; begins to understand symmetry; composes and decomposes shapes; copies/draws simple shapes independently.

D. Describe the position of objects in relation to other objects and themselves using the terms next to, beside, above, below, under, over, top, and bottom.

M2.2(4) Uses positional and relational words (above/below, front/behind, near/far, beside, next to, between, etc.) to describe location across learning domains; uses increasingly complex directions to move from place to place; begins to distinguish between right and left.

#### **Data Collection and Statistics**

### A. Collect information to answer questions of interest to children.

#### **M3** Measurement and Data

**M3.2(4)** Develops growing abilities to collect, describe, and record information to answer simple questions across learning domains.

B. Use descriptive language to compare data by identifying which is more, fewer, or the same in object and picture graphs.

M1.1(4) Grows in rote counting and sequencing of numbers to 20 and beyond; identifies written numerals to at least 20; compares quantities in sets and identifies more/less/equal; subitizes (recognizes small number of objects in a set without counting - three blocks, dots on a die); understands and uses ordinal terms (1st, 2nd, 3rd, etc.).

#### **Patterns and Relationships**

### M4 Patterns, Sorting/Classifying, Reasoning

A. Sort and classify objects according to one or two attributes (color, size, shape, and texture).

**M4.2(4)** Matches/sorts/classifies by color, size, shape, texture; describes sorting rules; classifies by more than one attribute into two or more groups across learning domains.

B. Identify and explore simple patterns, i.e., AB, AB; red, blue, red, blue.

**M4.1(4)** Duplicates/extends simple patterns; creates new patterns; seriates a group of like objects in more than one way (lighter to darker; smallest to largest, etc.).

C. Use patterns to predict relationships between objects, i.e., the blue shape follows the yellow shape, the triangle follows the square.

**M4.1(4)** Duplicates/extends simple patterns; creates new patterns; seriates a group of like objects in more than one way (lighter to darker; smallest to largest, etc.).



Virginia Science Foundation Blocks	3: Science
Scientific Investigation, Reasoning, and Logic	SC1 Observation and Inquiry
A. Use the five senses to explore and investigate the natural world.	SC1.1(4) Uses steps of the scientific inquiry process and all five senses to purposely explore materials; asks questions (why, where, when, how, what) and seeks answers through exploration; makes and explains observations, makes predictions based on observations and past experiences, and draws conclusions; classifies objects by function.
B. Use simple tools and technology safely to observe and explore different objects and environments.	SC1.2(4) Uses equipment and tools to gather information and explains findings to aid in investigation (scale, map, binoculars).
C. Ask questions about the natural world related to observations.	SC1.1(4) Uses steps of the scientific inquiry process and all five senses to purposely explore materials; asks questions (why, where, when, how, what) and seeks answers through exploration; makes and explains observations, makes predictions based on observations and past experiences, and draws conclusions; classifies objects by function.
D. Make predictions about what will happen next based on previous experiences.	SC1.1(4) Uses steps of the scientific inquiry process and all five senses to purposely explore materials; asks questions (why, where, when, how, what) and seeks answers through exploration; makes and explains observations, makes predictions based on observations and past experiences, and draws conclusions; classifies objects by function.
E. Conduct simple scientific investigations.	SC1.1(4) Uses steps of the scientific inquiry process and all five senses to purposely explore materials; asks questions (why, where, when, how, what) and seeks answers through exploration; makes and explains observations, makes predictions based on observations and past experiences, and draws conclusions; classifies objects by function.
Force, Motion, and Energy	SC2 Physical Science
A. Describe, demonstrate, and compare the motion of	SC2.1(4) With adult support, predicts and experiments

common objects in terms of speed and direction, e.g.,

fast, slow, up, down.

with the movement of objects by changing direction and

speed to see how far objects move; creates and describes

different sounds; explores shadows and light;



	experiments, observes, and describes how matter can change from one form to another (solids, liquids, gases).
B. Describe and demonstrate the effects of common forces (pushes and pulls) on objects.	SC2.1(4) With adult support, predicts and experiments with the movement of objects by changing direction and speed to see how far objects move; creates and describes different sounds; explores shadows and light; experiments, observes, and describes how matter can change from one form to another (solids, liquids, gases).
C. Describe the effects magnets have on other objects.	SC1.1(4) Uses steps of the scientific inquiry process and all five senses to purposely explore materials; asks questions (why, where, when, how, what) and seeks answers through exploration; makes and explains observations, makes predictions based on observations and past experiences, and draws conclusions; classifies objects by function.
D. Investigate and describe the way simple tools work, e.g., a hammer, a wheel, a screwdriver.	SC1.2(4) Uses equipment and tools to gather information and explains findings to aid in investigation (scale, map, binoculars).
Matter/Physical Properties	SC2 Physical Science
A. Describe and sort objects by their physical properties, e.g., color, shape, texture, feel, size and weight, position, speed, and phase of matter (solid or liquid).	M4.2(4) Matches/sorts/classifies by color, size, shape, texture; describes sorting rules; classifies by more than one attribute into two or more groups across learning domains.  SC2.1(4) With adult support, predicts and experiments with the movement of objects by changing direction and speed to see how far objects move; creates and describes different sounds; explores shadows and light; experiments, observes, and describes how matter can change from one form to another (solids, liquids, gases).
A. Describe and sort objects by their physical properties, e.g., color, shape, texture, feel, size and weight, position,	M4.2(4) Matches/sorts/classifies by color, size, shape, texture; describes sorting rules; classifies by more than one attribute into two or more groups across learning domains.  SC2.1(4) With adult support, predicts and experiments with the movement of objects by changing direction and speed to see how far objects move; creates and describes different sounds; explores shadows and light; experiments, observes, and describes how matter can



different sounds; explores shadows and light; experiments, observes, and describes how matter can change from one form to another (solids, liquids, gases).

D. Sort objects based on whether they sink or float in water.

**SC1.1(4)** Uses steps of the scientific inquiry process and all five senses to purposely explore materials; asks questions (why, where, when, how, what) and seeks answers through exploration; makes and explains observations, makes predictions based on observations and past experiences, and draws conclusions; classifies objects by function.

#### Matter/Simple Physical and Chemical Reactions

#### **SC2 Physical Science**

A. Predict changes to matter when various substances are speed to see how far objects move; creates and describes to be combined.

different sounds; explores shadows and light;

SC2.1(4) With adult support, predicts and experiments with the movement of objects by changing direction and speed to see how far objects move; creates and describes different sounds; explores shadows and light; experiments, observes, and describes how matter can change from one form to another (solids, liquids, gases).

B. Observe and conduct simple experiments that explore what will happen when substances are combined.

**SC2.1(4)** With adult support, predicts and experiments with the movement of objects by changing direction and speed to see how far objects move; creates and describes different sounds; explores shadows and light; experiments, observes, and describes how matter can change from one form to another (solids, liquids, gases).

C. Observe and record the experiment results and describe what is seen.

**SC1.1(4)** Uses steps of the scientific inquiry process and all five senses to purposely explore materials; asks questions (why, where, when, how, what) and seeks answers through exploration; makes and explains observations, makes predictions based on observations and past experiences, and draws conclusions; classifies objects by function.

#### Life Processes

#### **SC3** Life Science

A. Describe what living things need to live and grow (food, water, and air).

**SC3.1(4)** Groups and classifies living things by features; investigates and compares living vs. non-living things; shows understanding and describes life cycles; knows and explains basic needs of living things (food chains, energy from sun, habitats).

B. Identify basic structures for plants and animals (plants-roots, stems, leaves; animals-eyes, mouth, ears,

**SC3.1(4)** Groups and classifies living things by features; investigates and compares living vs. non-living things;



etc.).	shows understanding and describes life cycles; knows and explains basic needs of living things (food chains, energy from sun, habitats).
C. Recognize that many young plants and animals are similar but not identical to their parents and to one another.	SC3.1(4) Groups and classifies living things by features; investigates and compares living vs. non-living things; shows understanding and describes life cycles; knows and explains basic needs of living things (food chains, energy from sun, habitats).
Interrelationships in Earth/Space Systems	SC4 Earth Science and Environment
A. Use vocabulary to describe major features of Earth and the sky.	<b>SC4.1(4)</b> Compares seasons and describes current weather conditions and how weather changes each day; understands and describes the effects of sunlight; specifies earth features.
B. Identify objects in the sky - moon, stars, sun, and clouds.	SC4.1(4) Compares seasons and describes current weather conditions and how weather changes each day; understands and describes the effects of sunlight; specifies earth features.
C. Classify things seen in the night sky and those seen in the day sky.	SC4.1(4) Compares seasons and describes current weather conditions and how weather changes each day; understands and describes the effects of sunlight; specifies earth features.
D. Explore and sort objects in the natural environment (sand, pebbles, rocks, leaves, moss, and other artifacts).	SC3.1(4) Groups and classifies living things by features; investigates and compares living vs. non-living things; shows understanding and describes life cycles; knows and explains basic needs of living things (food chains, energy from sun, habitats).
Earth Patterns, Cycles, and Changes	SC4 Earth Science and Environment
A. Make daily weather observations and use common weather related vocabulary to describe the observations, e.g., sunny, rainy, cloudy, cold, hot, etc.	<b>SC4.1(4)</b> Compares seasons and describes current weather conditions and how weather changes each day; understands and describes the effects of sunlight; specifies earth features.
B. Identify how weather affects daily life.	SC4.1(4) Compares seasons and describes current weather conditions and how weather changes each day; understands and describes the effects of sunlight; specifies earth features.



C. Describe basic weather safety rules.	<b>SC4.1(4)</b> Compares seasons and describes current weather conditions and how weather changes each day; understands and describes the effects of sunlight; specifies earth features.
D. Observe and recognize the characteristics of the four seasons and the changes observed from season to season.	SC4.1(4) Compares seasons and describes current weather conditions and how weather changes each day; understands and describes the effects of sunlight; specifies earth features.
E. Observe and classify the shapes and forms of many common natural objects, e.g., rocks, leaves, twigs, clouds, the moon, etc.	SC3.1(4) Groups and classifies living things by features; investigates and compares living vs. non-living things; shows understanding and describes life cycles; knows and explains basic needs of living things (food chains, energy from sun, habitats).
F. Compare a variety of living things to determine how they change over time (life cycles).	SC3.1(4) Groups and classifies living things by features; investigates and compares living vs. non-living things; shows understanding and describes life cycles; knows and explains basic needs of living things (food chains, energy from sun, habitats).
G Describe home and school routines.	<b>SS1.1(4)</b> Follows, predicts, and explains time/sequence of events (past, present, future); notices simple changes over a period of time (seasons); interacts with calendars and creates simple timelines of events
Resources	SC3 Life Science
A. Identify ways that some things can be conserved.	SC4.2(4) Engages in caring for the environment and conservation.
B. Recognize that some things can be reused.	SC4.2(4) Engages in caring for the environment and conservation.
C. Recognize that some things can be recycled.	SC4.2(4) Engages in caring for the environment and conservation.
D. Understand and use vocabulary such as conserve, recycle, and reuse.	SC4.2(4) Engages in caring for the environment and conservation.
Virginia History and Social Science Foundation Blocks	4: Social Studies



History/Similarities and Differences	SS1 History and Events
A. Recognize ways in which people are alike and different.	<b>SE1.1(4)</b> Recognizes similarities and differences between self and others; (gender, cultural identity, self and family characteristics); develops positive self-image; knows and can say first, middle, and last name
B. Describe his/her own unique characteristics and those of others.	<b>SE1.1(4)</b> Recognizes similarities and differences between self and others; (gender, cultural identity, self and family characteristics); develops positive self-image; knows and can say first, middle, and last name
C. Make the connection that he/she is both a member of a family and a member of a classroom community.	SS3.2(4) Describes family roles, relationships, and rules; begins to learn phone number and address SS4.1(4) Recognizes classroom and community rules; follows established rules and talks about importance of rules/consequences, rights of self and others; begins to understand fairness and personal responsibilities; carries out classroom responsibilities with reminders; demonstrates growing awareness of governance, democracy
D. Engage in pretend play to understand self and others.	CA4.1(4) Shows growing creativity and imagination in assuming different roles in play situations across learning domains; demonstrates understanding of difference between pretend and reality
E. Participate in activities and traditions associated with different cultural heritages.	SS3.1(4) Shows awareness of diverse backgrounds among the cultural characteristics of people, families, and communities; demonstrates an appreciation for arts, music, and world culture
History/Change Over Time	SS1 History and Events
A. Describe ways children have changed since they were babies.	SS1.1(4) Follows, predicts, and explains time/sequence
B. Express the difference between past and present using words such as before, after, now, and then.	<b>SS1.1(4)</b> Follows, predicts, and explains time/sequence of events (past, present, future); notices simple changes over a period of time (seasons); interacts with calendars and creates simple timelines of events
C. Order/sequence events and objects.	SS1.1(4) Follows, predicts, and explains time/sequence



the door to the window.

### **Standards Alignment**

of events (past, present, future); notices simple changes over a period of time (seasons); interacts with calendars and creates simple timelines of events SS3.1(4) Shows awareness of diverse backgrounds D. Ask questions about artifacts from everyday life in the among the cultural characteristics of people, families, and communities; demonstrates an appreciation for arts, past. music, and world culture SS1.1(4) Follows, predicts, and explains time/sequence of events (past, present, future); notices simple changes E. Recount episodes from stories about the past. over a period of time (seasons); interacts with calendars and creates simple timelines of events **CA4.1(4)** Shows growing creativity and imagination in assuming different roles in play situations across learning domains; demonstrates understanding of difference F. Take on a role from a specific time, use symbols and between pretend and reality props, and act out a story/narrative. CA4.2(4) Uses props in increasingly creative ways in dramatic play (molds playdough to represent a phone) SS1.1(4) Follows, predicts, and explains time/sequence of events (past, present, future); notices simple changes over a period of time (seasons); interacts with calendars G. Describe past times based on stories, pictures, visits, and creates simple timelines of events songs, and music. SS1.2(4) Describes historically significant events/observances in American history (national cultural events, celebrations, holidays, and historical figures) Geography/Location SS2 Geography and Symbolic Representation SS2.1(4) Describes geography of places (home, school, community); identifies familiar symbols and landmarks A. Identify and describe prominent features of the (US flag, globe); creates drawings, makes simple maps, classroom, school, neighborhood, and community. and builds structures to represent people, places, and things. B. Engage in play where one item represents another CA4.2(4) Uses props in increasingly creative ways in (miniature vehicles, people, and blocks). dramatic play (molds playdough to represent a phone) C. Make and walk on paths between objects, e.g., from SS2.1(4) Describes geography of places (home, school,

community); identifies familiar symbols and landmarks (US flag, globe); creates drawings, makes simple maps, and builds structures to represent people, places, and



	things.
D. Represent objects in the order in which they occur in the environment.	SS2.1(4) Describes geography of places (home, school, community); identifies familiar symbols and landmarks (US flag, globe); creates drawings, makes simple maps, and builds structures to represent people, places, and things.
E. Experience seeing things from different elevations.	SS2.1(4) Describes geography of places (home, school, community); identifies familiar symbols and landmarks (US flag, globe); creates drawings, makes simple maps, and builds structures to represent people, places, and things.
Geography/Descriptive Words	SS2 Geography and Symbolic Representation
A. Use words to describe features of locations in the environment and man-made structures found in stories and seen in everyday experiences.	<b>SS2.1(4)</b> Describes geography of places (home, school, community); identifies familiar symbols and landmarks (US flag, globe); creates drawings, makes simple maps, and builds structures to represent people, places, and things.
B. Use direction words (on, under, over, behind, near, far, above, below, toward, and away) one direction at a time.	M2.2(4) Uses positional and relational words (above/below, front/behind, near/far, beside, next to, between, etc.) to describe location across learning domains; uses increasingly complex directions to move from place to place; begins to distinguish between right and left.
C. Use comparison words (closer, farther away, taller, shorter, higher, lower, alike, different, inside, and outside).	SS2.1(4) Describes geography of places (home, school, community); identifies familiar symbols and landmarks (US flag, globe); creates drawings, makes simple maps, and builds structures to represent people, places, and things.
D. Use attribute words (hard, soft, rough, and smooth).	SS2.1(4) Describes geography of places (home, school, community); identifies familiar symbols and landmarks (US flag, globe); creates drawings, makes simple maps, and builds structures to represent people, places, and things.
E. Use labels and symbols for what the child has seen.	SS2.1(4) Describes geography of places (home, school, community); identifies familiar symbols and landmarks (US flag, globe); creates drawings, makes simple maps, and builds structures to represent people, places, and



things.

SS4 Government, Economics, and Technology
SS3.3(4) Identifies and describes the roles of a variety of community helpers, parents' jobs, and careers; adopts wide variety of family and community helpers during dramatic play
SS3.3(4) Identifies and describes the roles of a variety of community helpers, parents' jobs, and careers; adopts wide variety of family and community helpers during dramatic play
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SS4 Government, Economics, and Technology
SS4.2(4) Understands payment for goods and services comes in different forms; differentiates between needs and wants and explains how to fulfill them
SS4.2(4) Understands payment for goods and services comes in different forms; differentiates between needs and wants and explains how to fulfill them
SS4.2(4) Understands payment for goods and services comes in different forms; differentiates between needs and wants and explains how to fulfill them

D. Choose daily tasks.



SS4.1(4) Recognizes classroom and community rules; follows established rules and talks about importance of rules/consequences, rights of self and others; begins to understand fairness and personal responsibilities; carries out classroom responsibilities with reminders; demonstrates growing awareness of governance, democracy
<b>SS4.2(4)</b> Understands payment for goods and services comes in different forms; differentiates between needs and wants and explains how to fulfill them

E. Role play purchasing situations where choices are

#### Civics/Citizenship

#### SS3 Culture, Family, and Community, SS4 Government, Economics, and Technology

A. Cooperate with others in a joint activity.

**SS4.1(4)** Recognizes classroom and community rules; follows established rules and talks about importance of rules/consequences, rights of self and others; begins to understand fairness and personal responsibilities; carries out classroom responsibilities with reminders; demonstrates growing awareness of governance, democracy

B. Recognize the need for rules to help get along with others.

**SS4.1(4)** Recognizes classroom and community rules; follows established rules and talks about importance of rules/consequences, rights of self and others; begins to understand fairness and personal responsibilities; carries out classroom responsibilities with reminders; demonstrates growing awareness of governance, democracy

C. Participate in creating rules for the classroom.

SS4.1(4) Recognizes classroom and community rules; follows established rules and talks about importance of rules/consequences, rights of self and others; begins to understand fairness and personal responsibilities; carries out classroom responsibilities with reminders; demonstrates growing awareness of governance, democracy

D. State personal plans for learning center activities.

**AL2.3(4)** Uses new strategies to solve a problem; generates ideas and selects/explains best solution; makes a plan before beginning a task and follows through

E. Participate in discussing and generating solutions to a SS4.1(4) Recognizes classroom and community rules; class problem.

follows established rules and talks about importance of



	rules/consequences, rights of self and others; begins to understand fairness and personal responsibilities; carries out classroom responsibilities with reminders; demonstrates growing awareness of governance, democracy
F. Share thoughts and opinions in group settings.	<b>SE1.2(4)</b> Expresses personal preferences and opinions; makes choices
G. Demonstrate responsible behaviors in caring for classroom materials.	SS4.1(4) Recognizes classroom and community rules; follows established rules and talks about importance of rules/consequences, rights of self and others; begins to understand fairness and personal responsibilities; carries out classroom responsibilities with reminders; demonstrates growing awareness of governance, democracy
H. Identify the needs of other people by helping them.	SE3.1(4) Shows empathy and caring to others; responds to others emotions appropriately
Virginia Health and Physical Development Foundation Blocks	7: Physical Development and Health
Locomotor Skills	PD2 Gross Motor Development
A. Demonstrate beginning forms of the locomotor skills of jumping, hopping, and galloping.	PD2.1(4) Refines mobility and moves with a purpose (walks backward in games/activities, runs smoothly, gallops, skips, walks heel-to-toe, hops on one foot)
	<b>PD2.1(4)</b> Refines mobility and moves with a purpose (walks backward in games/activities, runs smoothly,
of jumping, hopping, and galloping.  B. Perform these locomotor skills in response to	PD2.1(4) Refines mobility and moves with a purpose (walks backward in games/activities, runs smoothly, gallops, skips, walks heel-to-toe, hops on one foot)  PD2.1(4) Refines mobility and moves with a purpose (walks backward in games/activities, runs smoothly,
of jumping, hopping, and galloping.  B. Perform these locomotor skills in response to teacher-led creative dance.	PD2.1(4) Refines mobility and moves with a purpose (walks backward in games/activities, runs smoothly, gallops, skips, walks heel-to-toe, hops on one foot)  PD2.1(4) Refines mobility and moves with a purpose (walks backward in games/activities, runs smoothly, gallops, skips, walks heel-to-toe, hops on one foot)



movements.

# Standards Alignment

	foot for up to 6 seconds, manipulates riding toys, rides tricycles/bicycles)
C. Maintain balance while walking on a painted line or a low balance beam that is no more than three inches above the floor.	PD2.3(4) Demonstrates flexibility, balance, and bilateral control in purposeful movements (stretches limbs during exercise, crosses midlines by bending, twisting to achieve a goal such as playing a game, balances on each foot for up to 6 seconds, manipulates riding toys, rides tricycles/bicycles)
D. Maintain balance while climbing up steps and walking on a horizontal ladder placed on the floor.	PD2.3(4) Demonstrates flexibility, balance, and bilateral control in purposeful movements (stretches limbs during exercise, crosses midlines by bending, twisting to achieve a goal such as playing a game, balances on each foot for up to 6 seconds, manipulates riding toys, rides tricycles/bicycles)
E. Perform crisscross pattern activities.	PD2.3(4) Demonstrates flexibility, balance, and bilateral control in purposeful movements (stretches limbs during exercise, crosses midlines by bending, twisting to achieve a goal such as playing a game, balances on each foot for up to 6 seconds, manipulates riding toys, rides tricycles/bicycles)
Manipulative Skills	PD3 Fine Motor Development
A. Manipulate a variety of objects during structured and unstructured physical activity settings.	PD2.2(3) Coordinates body movements in place with increasing skill (begins to kick ball with purpose, throws overhand with some accuracy, dribbles balls with increased coordination, throws and attempts to catch balls, begins using bat/racket to make contact with objects)  PD3.2(4) Demonstrates more precise hand-eye coordination (uses connecting blocks, small pop beads, Lego bricks, forms playdough into more recognizable shapes, builds more intricate block structures, weaves)
B. Manipulate small objects using one hand independently, the other hand independently, and both hands working on the same task.	PD3.1(4) Uses small, precise hand movements to complete tasks (fastens clothing, folds paper with accuracy and symmetry; begins attempting to tie shoes, uses a dominant hand)
C. Demonstrate increasing ability to coordinate throwing, catching, kicking, bouncing, and juggling	PD2.2(3) Coordinates body movements in place with increasing skill (begins to kick ball with purpose, throws

overhand with some accuracy, dribbles balls with



increased coordination, throws and attempts to catch balls, begins using bat/racket to make contact with objects)

D. Coordinate eye-hand and eye-foot movements to perform a task.

PD2.2(3) Coordinates body movements in place with increasing skill (begins to kick ball with purpose, throws overhand with some accuracy, dribbles balls with increased coordination, throws and attempts to catch balls, begins using bat/racket to make contact with objects)

**PD3.2(3)** Demonstrates growing hand-eye coordination (strings beads, completes multi-piece puzzles, uses lacing cards, tears paper, uses a keyboard)

#### **Movement Principles and Concepts**

# A. Apply knowledge of movement concepts by performing various locomotor movements while changing directions (right, left, up, down, forward, and backward), levels (high, medium, and low), pathways (straight, curved, and zigzag), and effort (fast, slow, hard, and soft).

### **PD2 Gross Motor Development**

**PD2.3**(4) Demonstrates flexibility, balance, and bilateral control in purposeful movements (stretches limbs during exercise, crosses midlines by bending, twisting to achieve a goal such as playing a game, balances on each foot for up to 6 seconds, manipulates riding toys, rides tricycles/bicycles)

B. Identify fundamental movement patterns such as running and jumping.

**PD2.1(4)** Refines mobility and moves with a purpose (walks backward in games/activities, runs smoothly, gallops, skips, walks heel-to-toe, hops on one foot)

C. Begin and expand movement vocabulary.

**L2.2(4)** Demonstrates understanding and use of rapidly expanding vocabulary, including language of specific learning domains and more abstract concepts; identifies word pairs that describe opposite concepts.

D. Perform various locomotor movements demonstrating changes in directions, levels, pathways, effort, and relationships in space while listening to music, or responding to a drum beat, the beat of a tambourine, verbal instruction, or other signals.

**PD2.3(4)** Demonstrates flexibility, balance, and bilateral control in purposeful movements (stretches limbs during exercise, crosses midlines by bending, twisting to achieve a goal such as playing a game, balances on each foot for up to 6 seconds, manipulates riding toys, rides tricycles/bicycles)

#### **Personal Fitness**

A. Participate in activities that allow the child to experience and recognize a rise in the heart rate and breathing rate.

#### PD1 Physical Health, Growth

**PD1.1(4)** Chooses to participate in moderate to vigorous physical activities and exercise for extended time; continues to develop strength, flexibility, and stamina while playing on equipment and creating new games



B. Participate in activities designed to strengthen major muscle groups.	<b>PD1.1(4)</b> Chooses to participate in moderate to vigorous physical activities and exercise for extended time; continues to develop strength, flexibility, and stamina while playing on equipment and creating new games
C. Participate in activities that enhance flexibility.	<b>PD1.1(4)</b> Chooses to participate in moderate to vigorous physical activities and exercise for extended time; continues to develop strength, flexibility, and stamina while playing on equipment and creating new games
Responsible Behaviors	PD4 Safety Awareness and Self-Care
A. Demonstrate safe behaviors by participating appropriately during physical activity, accepting feedback, and taking responsibility for behavior when prompted.	<b>PD4.1(4)</b> Identifies and alerts others to potentially harmful items, behaviors, situations with guidance; identifies and follows basic safety and health rules
B. Share equipment and space, and take turns with help from the teacher.	<b>SE2.2(4)</b> Begins to participate as a member of a group; takes turns and shares; sustains interaction by helping, cooperating, expressing interest; plays cooperatively with others; resolves some conflicts, uses constructive language; offers and seeks help from peers
C. Work well with others.	<b>SE2.2(4)</b> Begins to participate as a member of a group; takes turns and shares; sustains interaction by helping, cooperating, expressing interest; plays cooperatively with others; resolves some conflicts, uses constructive language; offers and seeks help from peers
D. Listen to and follow simple directions.	<b>L1.1(4)</b> Follows multi-step directions of increasing complexity; listens and responds to more complex rhymes and rhythms; gains meaning listening to stories, informational texts, directions, and conversations.
Physically Active Lifestyle	PD1 Physical Health, Growth
A. Identify the activities that they like and dislike.	<b>SE1.2(4)</b> Expresses personal preferences and opinions; makes choices
B. Describe what it means to be physically active and then have the opportunity to actively pursue the activities they have described.	PD1.1(4) Chooses to participate in moderate to vigorous physical activities and exercise for extended time; continues to develop strength, flexibility, and stamina while playing on equipment and creating new games



<b>PD1.1(4)</b> Chooses to pa physical activities and e continues to develop str while playing on equipr

**PD1.1(4)** Chooses to participate in moderate to vigorous physical activities and exercise for extended time; continues to develop strength, flexibility, and stamina while playing on equipment and creating new games

D. Identify places at home, in the neighborhood, and in the community where children can play safely and be physically active. **SS2.1(4)** Describes geography of places (home, school, community); identifies familiar symbols and landmarks (US flag, globe); creates drawings, makes simple maps, and builds structures to represent people, places, and things.

**PD4.1(4)** Identifies and alerts others to potentially harmful items, behaviors, situations with guidance; identifies and follows basic safety and health rules

#### **Habits that Promote Health and Prevent Illness**

#### **PD4 Safety Awareness and Self-Care**

A. Demonstrate how to correctly wash hands.

**PD4.2(4)** Exhibits independent self-care in daily routines (dresses and undresses except some difficult fasteners, uses tissues for nose and napkins for face appropriately, washes hands and face, brushes teeth, cares for toileting needs, etc.)

B. Demonstrate covering the mouth or nose when coughing or sneezing.

**PD4.2(4)** Exhibits independent self-care in daily routines (dresses and undresses except some difficult fasteners, uses tissues for nose and napkins for face appropriately, washes hands and face, brushes teeth, cares for toileting needs, etc.)

C. Identify habits that keep us healthy.

**PD4.1(4)** Identifies and alerts others to potentially harmful items, behaviors, situations with guidance; identifies and follows basic safety and health rules **PD4.2(4)** Exhibits independent self-care in daily routines (dresses and undresses except some difficult fasteners, uses tissues for nose and napkins for face appropriately, washes hands and face, brushes teeth, cares for toileting needs, etc.)

**PD1.2(4)** Exhibits knowledge about healthy eating and good nutrition; expresses some benefits of a healthy diet; tries new foods; shows willingness to eat a well-balanced diet; interested in various tastes, colors, and textures of food; helps with food preparation (mixing, measuring, etc.)

D. Explain the importance of rest.

**SE4.1(4)** Manages own behavior and shows age-appropriate self-regulation; calms self and shares strategies with others; considers social standards of



	environment before responding to emotions or actions of others
E. Be able to communicate when one is not feeling well.	<b>PD4.2(4)</b> Exhibits independent self-care in daily routines (dresses and undresses except some difficult fasteners, uses tissues for nose and napkins for face appropriately, washes hands and face, brushes teeth, cares for toileting needs, etc.)
Nutrition	PD1 Physical Health, Growth
A. Indicate awareness of hunger and fullness.	<b>PD1.2(4)</b> Exhibits knowledge about healthy eating and good nutrition; expresses some benefits of a healthy diet; tries new foods; shows willingness to eat a well-balanced diet; interested in various tastes, colors, and textures of food; helps with food preparation (mixing, measuring, etc.)
B. Identify foods and the food groups to which they belong, e.g., vegetables, fruits, dairy, meats, and grains.	<b>PD1.2(4)</b> Exhibits knowledge about healthy eating and good nutrition; expresses some benefits of a healthy diet; tries new foods; shows willingness to eat a well-balanced diet; interested in various tastes, colors, and textures of food; helps with food preparation (mixing, measuring, etc.)
C. Distinguish food and beverages on a continuum from more healthy to less healthy.	<b>PD1.2(4)</b> Exhibits knowledge about healthy eating and good nutrition; expresses some benefits of a healthy diet; tries new foods; shows willingness to eat a well-balanced diet; interested in various tastes, colors, and textures of food; helps with food preparation (mixing, measuring, etc.)
D. Demonstrate an understanding that eating a variety of fresh fruits and vegetables with lots of different colors helps the body grow and be healthy.	<b>PD1.2(4)</b> Exhibits knowledge about healthy eating and good nutrition; expresses some benefits of a healthy diet; tries new foods; shows willingness to eat a well-balanced diet; interested in various tastes, colors, and textures of food; helps with food preparation (mixing, measuring, etc.)
Information Access and Use	PD4 Safety Awareness and Self-Care
A. Understand that health care providers can help them	PD4.1(4) Identifies and alerts others to potentially

harmful items, behaviors, situations with guidance;

identifies and follows basic safety and health rules

A. Understand that health care providers can help them

when they are not feeling well.



B. Identify people they can trust, e.g., police, firefighters, family members, and teachers, and understand they will keep them safe.	<b>PD4.1(4)</b> Identifies and alerts others to potentially harmful items, behaviors, situations with guidance; identifies and follows basic safety and health rules
C. Be able to differentiate between safe and unsafe situations.	<b>PD4.1(4)</b> Identifies and alerts others to potentially harmful items, behaviors, situations with guidance; identifies and follows basic safety and health rules
D. Begin to share feelings and express how they feel.	SE3.2(4) Recognizes and describes a wide range of emotions in self and others; provides reasoning for feelings and problem-solving strategies for dealing with negative emotions
Community Health and Safety	PD4 Safety Awareness and Self-Care
A. Follow safety rules on the playground with adult assistance and reminders.	PD4.1(4) Identifies and alerts others to potentially harmful items, behaviors, situations with guidance; identifies and follows basic safety and health rules
B. Follow emergency protocols after practicing safety drills, e.g., fire, earthquake, and lockdown drills.	<b>PD4.1(4)</b> Identifies and alerts others to potentially harmful items, behaviors, situations with guidance; identifies and follows basic safety and health rules
C. Demonstrate pedestrian safety and vehicle awareness.	<b>PD4.1(4)</b> Identifies and alerts others to potentially harmful items, behaviors, situations with guidance; identifies and follows basic safety and health rules
D. Understand bicycle/tricycle safety and the importance of wearing a helmet.	<b>PD4.1(4)</b> Identifies and alerts others to potentially harmful items, behaviors, situations with guidance; identifies and follows basic safety and health rules
E. Know how to make an emergency phone call.	<b>PD4.1(4)</b> Identifies and alerts others to potentially harmful items, behaviors, situations with guidance; identifies and follows basic safety and health rules
F. Act safely around pools, ponds, and other water, e.g., oceans, rivers, creeks, ditches, and swamps.	PD4.1(4) Identifies and alerts others to potentially harmful items, behaviors, situations with guidance; identifies and follows basic safety and health rules
Virginia Personal and Social Development Foundation Blocks Self-Concept	5: Social-Emotional Development, 6: Approaches to Learning SE1 Self-Awareness and Self-Concept



D. Develop personal preferences regarding activities and materials.	<b>SE1.2(4)</b> Expresses personal preferences and opinions; makes choices
E. Demonstrate self-direction in use of materials.	<b>SE1.3(4)</b> Shows confidence of self as having certain abilities; displays interest and respect for the work of others; exhibits increasing awareness of own character traits; takes pride in cleaning up work/play space independently
F. Develop increasing independence in school activities throughout the day.	<b>SE1.3(4)</b> Shows confidence of self as having certain abilities; displays interest and respect for the work of others; exhibits increasing awareness of own character traits; takes pride in cleaning up work/play space independently
A. Demonstrate knowledge of personal information including first and last name, gender, age, birthday, parents' names, teacher's name, school name, town or city where they live, and street name.	<b>SE1.1(4)</b> Recognizes similarities and differences between self and others; (gender, cultural identity, self and family characteristics); develops positive self-image; knows and can say first, middle, and last name
B. Begin to recognize and express own emotions using words rather than actions.	SE3.2(4) Recognizes and describes a wide range of emotions in self and others; provides reasoning for feelings and problem-solving strategies for dealing with negative emotions
C. Recognize self as a unique individual and respect differences of others.	SE1.3(4) Shows confidence of self as having certain abilities; displays interest and respect for the work of others; exhibits increasing awareness of own character traits; takes pride in cleaning up work/play space independently
Self-Regulation	SE4 Self-Regulation
A. Contribute ideas for classroom rules and routines.	SS4.1(4) Recognizes classroom and community rules; follows established rules and talks about importance of rules/consequences, rights of self and others; begins to understand fairness and personal responsibilities; carries out classroom responsibilities with reminders; demonstrates growing awareness of governance, democracy
B. Follow rules and routines within the learning environment.	<b>SE4.1(4)</b> Manages own behavior and shows age-appropriate self-regulation; calms self and shares strategies with others; considers social standards of environment before responding to emotions or actions of



	others
C. Use classroom materials purposefully and respectfully.	<b>SE4.1(4)</b> Manages own behavior and shows age-appropriate self-regulation; calms self and shares strategies with others; considers social standards of environment before responding to emotions or actions of others
D. Manage transitions and adapt to changes in routine.	SE4.1(4) Manages own behavior and shows age-appropriate self-regulation; calms self and shares strategies with others; considers social standards of environment before responding to emotions or actions of others
E. Develop positive responses to challenges.	AL2.3(4) Uses new strategies to solve a problem; generates ideas and selects/explains best solution; makes a plan before beginning a task and follows through
Approaches to Learning	AL1 Curiosity, Initiative, and Risk-Taking, AL2 Creative Thinking, Problem-Solving, Reasoning, AL3 Attention, Engagement, and Persistence, AL4 Memory and Reflection
A. Show interest and curiosity in learning new concepts and trying new activities and experiences.	<b>AL1.1(4)</b> Welcomes play experiences and shows creativity and inventiveness; demonstrates inquisitiveness about subjects and objects
B. Demonstrate ability to learn from experiences by applying prior knowledge to new situations.	<b>AL4.1(4)</b> Reflects and applies knowledge of past experiences to new situations; makes predictions based on past experiences; uses strategy during memory games
C. Increase attention to a task or activity over time.	AL3.1(4) Works at a task despite problems, distractions, or interruptions; completes reasonable tasks or stays engaged; works independently and seeks help when needed
D. Seek and accept help when needed.	<b>AL3.1(4)</b> Works at a task despite problems, distractions, or interruptions; completes reasonable tasks or stays engaged; works independently and seeks help when needed
E. Attempt to complete a task in more than one way before asking for help.	<b>AL3.1(4)</b> Works at a task despite problems, distractions, or interruptions; completes reasonable tasks or stays engaged; works independently and seeks help when



needed

<b>Interaction with Others</b>	SE2 Trust and Relationships
A. Initiate and sustain interactions with other children.	<b>SE2.2(4)</b> Begins to participate as a member of a group; takes turns and shares; sustains interaction by helping, cooperating, expressing interest; plays cooperatively with others; resolves some conflicts, uses constructive language; offers and seeks help from peers
B. Demonstrate verbal strategies for making a new friend.	<b>SE2.2(4)</b> Begins to participate as a member of a group; takes turns and shares; sustains interaction by helping, cooperating, expressing interest; plays cooperatively with others; resolves some conflicts, uses constructive language; offers and seeks help from peers
C. Interact appropriately with other children and familiar adults by cooperating, helping, sharing, and expressing interest.	SE2.1(4) Seeks help, approval, or information from a widening group of adults in trusted roles; uses socially appropriate behavior with adults SE2.2(4) Begins to participate as a member of a group; takes turns and shares; sustains interaction by helping, cooperating, expressing interest; plays cooperatively with others; resolves some conflicts, uses constructive language; offers and seeks help from peers
D. Participate successfully in group settings.	<b>SE2.2(4)</b> Begins to participate as a member of a group; takes turns and shares; sustains interaction by helping, cooperating, expressing interest; plays cooperatively with others; resolves some conflicts, uses constructive language; offers and seeks help from peers
E. Demonstrate respectful and polite vocabulary.	<b>SE2.2(4)</b> Begins to participate as a member of a group; takes turns and shares; sustains interaction by helping, cooperating, expressing interest; plays cooperatively with others; resolves some conflicts, uses constructive language; offers and seeks help from peers
F. Begin to recognize and respond to the needs, rights, and emotions of others.	<b>SE3.1(4)</b> Shows empathy and caring to others; responds to others emotions appropriately
Social Problem Solving	SE2 Trust and Relationships, SE3 Feelings and Emotions
A. Express feelings through appropriate gestures, actions, and words.	<b>SE3.2(4)</b> Recognizes and describes a wide range of emotions in self and others; provides reasoning for



	feelings and problem-solving strategies for dealing with negative emotions
B. Recognize conflicts and seek possible solutions.	SE2.2(4) Begins to participate as a member of a group; takes turns and shares; sustains interaction by helping, cooperating, expressing interest; plays cooperatively with others; resolves some conflicts, uses constructive language; offers and seeks help from peers SE3.2(4) Recognizes and describes a wide range of emotions in self and others; provides reasoning for feelings and problem-solving strategies for dealing with negative emotions
C. Allow others to take turns.	<b>SE2.2(4)</b> Begins to participate as a member of a group; takes turns and shares; sustains interaction by helping, cooperating, expressing interest; plays cooperatively with others; resolves some conflicts, uses constructive language; offers and seeks help from peers
D. Increase the ability to share materials and toys with others over time.	SE2.2(4) Begins to participate as a member of a group; takes turns and shares; sustains interaction by helping, cooperating, expressing interest; plays cooperatively with others; resolves some conflicts, uses constructive language; offers and seeks help from peers
E. Include others in play activities.	<b>SE2.2(4)</b> Begins to participate as a member of a group; takes turns and shares; sustains interaction by helping, cooperating, expressing interest; plays cooperatively with others; resolves some conflicts, uses constructive language; offers and seeks help from peers
Virginia Music Foundation Blocks	8: Creative Arts
Music Theory/Literacy	CA2 Music
A. Understand the vocabulary of music.	CA2.1(4) Knows and sings more complex songs; uses singing voice to echo short, melodic patterns and tone; participates in music across learning domains CA2.2(4) Explores, repeats, and creates rhythms, patterns, and beats with a variety of movements, musical instruments, and props
B. Understand that written music represents sounds by using notes.	CA2.1(4) Knows and sings more complex songs; uses singing voice to echo short, melodic patterns and tone; participates in music across learning domains CA2.2(4) Explores, repeats, and creates rhythms,



	patterns, and beats with a variety of movements, musical instruments, and props
C. Understand that composers write music, musicians sing or play instruments, and dancers utilize music elements in expressing dance.	CA2.1(4) Knows and sings more complex songs; uses singing voice to echo short, melodic patterns and tone; participates in music across learning domains CA2.2(4) Explores, repeats, and creates rhythms, patterns, and beats with a variety of movements, musical instruments, and props CA3.1(4) Designs original movements and interpretations; participates in and uses creative movement and dance across learning domains
D. Identify common musical instruments.	CA2.2(4) Explores, repeats, and creates rhythms, patterns, and beats with a variety of movements, musical instruments, and props
Performance	CA2 Music
A. Demonstrate the difference between singing and speaking.	CA2.1(4) Knows and sings more complex songs; uses singing voice to echo short, melodic patterns and tone; participates in music across learning domains
B. Develop the understanding that the child's body and voice are musical instruments.	CA2.1(4) Knows and sings more complex songs; uses singing voice to echo short, melodic patterns and tone; participates in music across learning domains CA3.1(4) Designs original movements and interpretations; participates in and uses creative movement and dance across learning domains
C. Participate in opportunities to use singing voice and musical instruments.	CA2.1(4) Knows and sings more complex songs; uses singing voice to echo short, melodic patterns and tone; participates in music across learning domains CA2.2(4) Explores, repeats, and creates rhythms, patterns, and beats with a variety of movements, musical instruments, and props
D. Practice good manners when participating in musical performance.	<b>SE4.1(4)</b> Manages own behavior and shows age-appropriate self-regulation; calms self and shares strategies with others; considers social standards of environment before responding to emotions or actions of others



**CA2.1(4)** Knows and sings more complex songs; uses singing voice to echo short, melodic patterns and tone;

E. Repeat simple musical patterns using voice, body, and instruments.	participates in music across learning domains  CA2.2(4) Explores, repeats, and creates rhythms, patterns, and beats with a variety of movements, musical instruments, and props
Music History and Cultural Context	CA2 Music
A. Understand that music comes from many different places in the world.	SS3.1(4) Shows awareness of diverse backgrounds among the cultural characteristics of people, families, and communities; demonstrates an appreciation for arts, music, and world culture
B. Understand that music sounds differently depending on who created it and when it was written.	CA2.1(4) Knows and sings more complex songs; uses singing voice to echo short, melodic patterns and tone; participates in music across learning domains
C. Develop an appreciation for different types of music.	CA2.1(4) Knows and sings more complex songs; uses singing voice to echo short, melodic patterns and tone; participates in music across learning domains
Analysis, Evaluation, and Critique	CA2 Music, CA3 Movement and Dance
A. The child will talk about and compare musical patterns and sounds.	<b>CA2.2(4)</b> Explores, repeats, and creates rhythms, patterns, and beats with a variety of movements, musical instruments, and props
B. The child will recognize differences and similarities among music styles.	CA2.1(4) Knows and sings more complex songs; uses singing voice to echo short, melodic patterns and tone; participates in music across learning domains
C. The child will explore the creation and purpose of music in personal and social life.	SS3.1(4) Shows awareness of diverse backgrounds among the cultural characteristics of people, families, and communities; demonstrates an appreciation for arts, music, and world culture
D. The child will participate in music activities that involve sharing, taking turns, and cooperation.	CA2.1(4) Knows and sings more complex songs; uses singing voice to echo short, melodic patterns and tone; participates in music across learning domains CA2.2(4) Explores, repeats, and creates rhythms, patterns, and beats with a variety of movements, musical instruments, and props

E. The child will identify types of music he/she prefers.



**CA2.1(4)** Knows and sings more complex songs; uses singing voice to echo short, melodic patterns and tone; participates in music across learning domains

Aesthetics	CA2 Music, CA3 Movement and Dance
A. Use the body and motion to express a response to a musical selection.	CA3.1(4) Designs original movements and interpretations; participates in and uses creative movement and dance across learning domains
B. Express a response to a musical selection by using available visual arts supplies.	<b>CA1.1(4)</b> Creates art using various art media, techniques, colors, textures, and shapes across learning domains; responds to literature, depicts experiences, or demonstrates feelings via art experiences
C. Use words to describe how a musical selection makes the child feel.	CA2.1(4) Knows and sings more complex songs; uses singing voice to echo short, melodic patterns and tone; participates in music across learning domains
Virginia Visual Arts Foundation Blocks	8: Creative Arts
Visual Communication and Production	CA1 Visual Arts
A. Understand that artists create visual arts using many different tools.	<b>CA1.1(4)</b> Creates art using various art media, techniques, colors, textures, and shapes across learning domains; responds to literature, depicts experiences, or demonstrates feelings via art experiences
B. Understand that the visual arts take many forms.	CA1.1(4) Creates art using various art media, techniques, colors, textures, and shapes across learning domains; responds to literature, depicts experiences, or demonstrates feelings via art experiences
C. Use a variety of materials, textures, and tools for producing visual art.	CA1.1(4) Creates art using various art media, techniques, colors, textures, and shapes across learning domains; responds to literature, depicts experiences, or demonstrates feelings via art experiences
D. Develop and use fine motor skills necessary to produce two- and three-dimensional works of art.	CA1.1(4) Creates art using various art media, techniques, colors, textures, and shapes across learning domains; responds to literature, depicts experiences, or demonstrates feelings via art experiences
Art History and Cultural Context	CA1 Visual Arts



A. Understand that all cultures have art that reflects their experiences and identity.	CA1.1(4) Creates art using various art media, techniques, colors, textures, and shapes across learning domains; responds to literature, depicts experiences, or demonstrates feelings via art experiences CA1.2(4) Appreciates artistic creations of others and art events; shares opinions about likes and dislikes
B. Understand that works of art can be a historical record of a certain time period in history.	d CA1.2(4) Appreciates artistic creations of others and art events; shares opinions about likes and dislikes
C. Develop an appreciation for the various forms of visual arts.	CA1.2(4) Appreciates artistic creations of others and art events; shares opinions about likes and dislikes
Analysis, Evaluation, and Critique	CA1 Visual Arts
A. Use the body to express a response to a work of art.	CA1.1(4) Creates art using various art media, techniques, colors, textures, and shapes across learning domains; responds to literature, depicts experiences, or demonstrates feelings via art experiences
B. Understand that each person responds to and creates works of art in unique ways.	CA1.2(4) Appreciates artistic creations of others and art events; shares opinions about likes and dislikes
C. Use available art supplies to express an individual response to an art form.	CA1.1(4) Creates art using various art media, techniques, colors, textures, and shapes across learning domains; responds to literature, depicts experiences, or demonstrates feelings via art experiences
D. Use words to describe a response or reaction to a visual arts selection.	CA1.2(4) Appreciates artistic creations of others and art events; shares opinions about likes and dislikes
E. The child will identify types of works of art that he/she prefers.	CA1.2(4) Appreciates artistic creations of others and art events; shares opinions about likes and dislikes
Aesthetics	CA1 Visual Arts
A. Understand that the visual arts express feelings, experiences, and cultures.	CA1.1(4) Creates art using various art media, techniques, colors, textures, and shapes across learning domains; responds to literature, depicts experiences, or demonstrates feelings via art experiences
B. Talk about different kinds of art and recognize the idea, theme, or purpose.	CA1.1(4) Creates art using various art media, techniques, colors, textures, and shapes across learning



	domains; responds to literature, depicts experiences, or demonstrates feelings via art experiences <b>CA1.2(4)</b> Appreciates artistic creations of others and art events; shares opinions about likes and dislikes
	CA1.1(4) Creates art using various art media, techniques, colors, textures, and shapes across learning domains; responds to literature, depicts experiences, or demonstrates feelings via art experiences
cts	CA1.2(4) Appreciates artistic creations of others and art events; shares opinions about likes and dislikes

C. Create specific works of art based on a common theme, concept, or emotion.

D. Collect, compare, and use natural objects and objects made by people.

E. Understand the purpose of an art museum.

CA1.1(4) Creates art using various art media, techniques, colors, textures, and shapes across learning domains; responds to literature, depicts experiences, or demonstrates feelings via art experiences

CA1.2(4) Appreciates artistic creations of others and art events; shares opinions about likes and dislikes

Source: Office of Humanities and Early Childhood, Virginia Department of Education (2013)